

LASTING RESULTS

An 18-Part Teaching Series

From Spiritual Change to Spiritual Maturity, Effective Ministry, and Fruit That Remains

Series Purpose:

To teach believers that God desires more than an initial spiritual experience. He desires ongoing growth, preparation, maturity, effective ministry, Christlike character, and fruit that remains.

Part 1 establishes the distinction between **change and growth** and the desire for lasting fruit.

PART 1 — CHANGE IS NOT THE SAME AS GROWTH

Developing a Desire for Lasting Results

Key Scriptures: John 15:5–8; 1 Timothy 2:4; Romans 10:14–15; Mark 16:15; John 17:18

Core Teaching

- Change can happen in a moment.
- Growth is an ongoing process.
- Salvation is the beginning—not the finish.
- God desires believers to grow into knowledge of the truth.
- The goal is **lasting fruit**, not merely temporary results.

Teaching Movement

Change → Growth → Maturity → Fruit → Lasting Results

Application

Ask:

“Am I satisfied with having changed, or am I committed to continuing to grow?”

PART 2 — PROTECT WHAT HAS BEEN SOWN

Don't Let the Enemy Steal Your Growth

Key Scriptures: Mark 4:15; 2 Corinthians 10:3–6; 1 Timothy 2:4; 1 Peter 3:15

Part 2 emphasizes that when the Word is sown, opposition can come against it, particularly through discouragement, thoughts, circumstances, and distractions.

Core Teaching

- The Word must be protected after it is received.
- Discouragement can make us unprepared.
- Believers have responsibility for their thoughts and words.
- We must take thoughts captive.
- Preparation means being **ready before the moment arrives**.

Key Principle

What God plants must be protected, developed, and applied.

PART 3 — THE CALL TO FULLNESS

Availability + Preparation = Readiness

Key Scriptures: Romans 15:29; Ephesians 3:14–19; Ephesians 4:11–14

Part 3 moves from desire into preparation and training. It presents fullness as the believer's goal and identifies **availability** as an important character quality.

Core Teaching

1. People need real help.
2. Believers must be prepared.
3. God has provided fullness in Christ.
4. Availability is the first “yes.”
5. Preparation turns availability into readiness.
6. Training makes us fit for real-life ministry.

Illustration

Firefighter:

Being available isn't enough. A responder must also be trained.

Formula

Availability + Preparation + Training = Readiness

PART 4 — WALKING IN FULLNESS

Give People the True Taste of the Father

Key Scriptures: Romans 15:29; Ephesians 3:19; Ephesians 4:13; Colossians 2:9–10; Psalm 34:8

Object Lesson: The Gallon of Milk

The teaching uses three powerful ideas:

1. Identity

- Milk is milk.
- A full gallon is not a partial gallon.

2. Purity

- Right ingredients produce the right taste.
- Wrong ingredients produce wrong results.

3. Purpose

- Milk is meant to be poured out.
- God's fullness in us is meant to reach others.

The teaching specifically identifies love, kindness, truth, wisdom, forgiveness, and compassion as “right ingredients,” contrasted with bitterness, envy, slander, malice, and deceit.

Key Question

“What am I pouring out?”

PART 5 — EFFECTIVE MINISTRY & THE HUMAN TOUCH

God's Pattern Produces Order and Effectiveness

Key Scriptures: 1 Corinthians 14:33, 40; Proverbs 24:3; Revelation 21:6

God's Pattern for Discipleship & Ministry

- A — Practicing disciple of Jesus Christ
- B — Water baptism / Lord's Supper
- C — Baptism in the Holy Spirit
- D — Speaking in tongues
- E — Accurate and effective teaching
- F — Go
- G — Preach
- H — Do the works of Jesus
- I — Involvement with people (The 3 “M”)
- J — Character

The teaching describes character as **“the glue that holds it all together.”**

Core Principle

Ministry is about people—not merely information.

PART 6 — THE HUMAN TOUCH IN A DIGITAL WORLD

Being God's Human Touch

Key Scriptures: Romans 10:17; Mark 4:35–41; Ephesians 2:14; John 14:1–3

Core Teaching

- Ministry involves real people.
- Jesus demonstrated the human touch.
- Now believers become His human touch in the world.
- What we hear continually affects what we believe.
- Technology can be useful without becoming a substitute for relationships.

The teaching specifically emphasizes maintaining balance between personal ministry and technology.

Application

Examine: What am I preaching through my daily life?

Engage: Who needs personal ministry?

Pray: Ask God for sensitivity and wisdom.

PART 7 — HUMAN TOUCH VS. ELECTRONIC DEVICES

Balance Is the Key

Key Scriptures: Matthew 8:1–3; Luke 4:40; Acts 8:14–17; Acts 19:11; 1 Corinthians 14:2, 4

Core Teaching

- Technology has legitimate uses.
- Technology can also distract from fellowship.
- New Testament ministry repeatedly involved physical presence and personal interaction.
- Speaking in tongues is presented in the teaching as a spiritual communication tool.
- The emphasis is not abandoning technology but maintaining **proper balance**.

The teaching connects the human-touch theme with speaking in tongues through an **encryption analogy** and presents tongues as a tool for edification and spiritual preparation.

Key Statement

Technology should be a tool—not a replacement for relationships.

PART 8 — PREPARATION & TRAINING PRODUCE RESULTS

Be Ready Before the Moment Comes

Key Scriptures: Acts 1:8; 1 Corinthians 14:4; Romans 8:37; Revelation 21:7; Proverbs 18:21

Core Teaching

1. We all have an area of influence.
2. Preparation and training bear fruit.
3. We are called to overcome.
4. Human touch and technology must remain balanced.
5. The Holy Spirit empowers us to witness.
6. Speaking in tongues is presented as a private preparation tool.

Part 8 uses real-life testimonies to show ministry occurring under pressure and emphasizes spiritual preparation before the moment of need.

Principle

What is inside you will eventually come out of you under pressure.

PART 9 — TWO TOOLS & WEAPONS FOR LASTING RESULTS

Baptism in the Holy Spirit & Speaking in Tongues

Key Scriptures: Acts 1:8; John 7:37–39; 1 Corinthians 14:4; Hebrews 3:12–15; John 8:31–32

The Two Tools

1. Baptism in the Holy Spirit
2. Speaking in Tongues

The teaching describes these together through the picture of a **riverbed and water**—structure and flow working together.

Eight Spiritual Training Disciplines

1. Hearing God's Word
2. Reading God's Word
3. Studying God's Word
4. Memorizing God's Word
5. Meditating on God's Word
6. Applying God's Word
7. Character training
8. Continuing in God's Word

Key Principle

Potential + Desire + Power + Application = Consistent Spiritual Development

PART 10 — THE INNER WORKINGS OF SPEAKING IN TONGUES

A Tool for Spiritual Preparation

Key Scriptures: Romans 10:17; Ephesians 6:12–18; 1 Corinthians 14:2, 4, 17; Jude 20

Core Teaching

- Spiritual warfare requires spiritual tools.
- Speaking in tongues is presented as part of spiritual preparation.
- The teaching connects tongues with edification, prayer, praise, wisdom, direction, and spiritual insight.
- Character is connected with consistent spiritual practice.

The lesson identifies seven qualities associated with prayer in Ephesians 6:18: **dependability, availability, thoroughness, alertness, determination, patience, and attentiveness.**

Key Principle

A strong public witness is developed through private preparation.

PART 11 — KNOWLEDGE & UNDERSTANDING DRIVE AWAY FEAR

Understanding Produces Stability

Key Scriptures: Proverbs 2:6, 11; Proverbs 10:14; Proverbs 19:2; Hosea 4:6; Isaiah 11:1–3

Core Teaching

- Fear often thrives where there is ignorance or confusion.
- Knowledge gives information.
- Understanding explains how to use that knowledge.
- Wisdom provides practical applications.
- Spiritual growth reduces fear by increasing understanding.

The teaching uses everyday examples involving electricity and plumbing to illustrate how lack of understanding can produce hesitation and fear.

Key Principle

Knowledge informs. Understanding stabilizes. Application produces results.

PART 12 — DRAWING NEAR IN BATTLE

David, Goliath, Knowledge & Understanding

Key Scripture: 1 Samuel 17

David's Pattern

Knowledge → Understanding → Faith → Boldness → Action → Result

David's confidence is presented as being rooted in knowing God, understanding covenant, remembering previous victories, and acting on that understanding.

The Valley

The teaching uses the valley between Israel and the Philistines as a picture of where the battle takes place and connects this with times when faith is tested.

Application

When facing your “Goliath,” ask:

- What do I know about God?
- What has God already done?
- What does His Word say?
- What covenant position do I have in Christ?

PART 13 — READING, STUDYING & APPLYING GOD'S WORD

Go Deeper Than Surface Knowledge

Key Scriptures: 1 Samuel 17:45; 2 Timothy 2:15; Ezra 7:10

Core Teaching

David's confidence came from knowledge and understanding. The believer must therefore:

Read → Study → Understand → Apply → Teach

The teaching uses the picture of **surface gold versus deep nuggets** to distinguish simply reading Scripture from studying it deeply.

Application

Don't merely ask:

“What did I read?”

Ask:

“What did I understand?”

“What will I apply?”

“What will change because I know this?”

PART 14 — WHAT IS MISSING?

F.I.N.A.L. Answers for Long-Lasting Results

Key Scripture: Acts 1:8

The Teaching's Five-Part Movement

1. The Crisis

Fear, confusion, compromise.

2. The Cause

The teaching identifies a missing spiritual ingredient: baptism in the Holy Spirit with tongues.

3. The Consequence

Fear, faintheartedness, stagnation.

4. The Cure

Supernatural empowerment connected with faith, the name of the Lord, and spiritual language.

5. The Call

Move from “need” → “must” → “will” → “already doing.”

The teaching explicitly frames Part 14 around the “missing ingredient” and the F.I.N.A.L. concept.

David's Example

Practice — Covenant — Knowledge — Boldness — Action

Key Principle

Preparation must eventually become practice.

PART 15 — THE BIT & BRIDLE

From External Reminders to Internal Discipline

Key Scriptures: Psalm 32:8–9; Proverbs 15:32; James 1:22; Hebrews 4:2

Core Teaching

The bit and bridle become a picture of:

- Guidance
- Correction
- Reminders
- Discipline
- Understanding

The goal isn't to remain dependent upon external correction forever. The stated goal is to develop enough understanding and character that we become increasingly self-disciplined and responsive to God's instruction.

Three States

1. **Bridle Only** — receptive to gentle guidance
2. **Bit & Bridle** — requires stronger reminders
3. **Neither** — increasingly self-disciplined nor guided by wisdom

Key Principle

Correction is valuable, but transformation is the goal.

PART 16 — A NEW PERSPECTIVE ABOUT THE BIT & BRIDLE

Character Development Reduces Weariness

Key Scriptures: Psalm 32:9; Proverbs 2:11

Core Teaching

- Constant reminders can create frustration.
- Lack of understanding can keep a person dependent on correction.
- Character development provides a path toward greater self-discipline.
- Different people may require different kinds of support.
- Wisdom requires compassion as well as correction.

Part 16 specifically emphasizes understanding, character development, compassion, and seeking appropriate support when individuals face challenges requiring additional assistance.

Character Focus

Alertness vs. Unawareness

Key Question

“What do I need to develop so I don't have to keep being reminded?”

PART 17 — TILLING YOUR LIFE

Character Development Is a Process

Key Scriptures: Proverbs 12:11; Proverbs 24:3–4; Mark 4:26–29; Mark 4:13–20; 1 Timothy 6:9–11; Philippians 3:13–14

The Field Illustration

1. Plow Steadily

- Pay attention to your life.
- Address areas requiring growth.

2. Plant Seed

- Put God's Word into your heart.

3. Cultivate Growth

- Learn.
- Train.
- Refine.
- Continue.

The teaching describes character development as an ongoing process of **plowing, planting, and cultivating**, with growth occurring progressively rather than instantaneously.

Warning: Distractions

Mark 4:13–20 is used to identify worries, riches, and other desires as things that can choke spiritual growth.

Key Principle

You cannot expect a harvest from a field you refuse to cultivate.

PART 18 — SEVEN WORDS TO MAINTAIN VICTORY

Standing, Flourishing & Bearing Fruit

Key Scriptures: James 1:22; Hebrews 4:2; Matthew 7:24; Psalm 92:12

Part 18 concludes the series by moving from learning about lasting results to **maintaining** them.

The Seven Words

1. PERSEVERE

Keep standing through trials.

2. FAITH

Trust God's promises.

3. ACTION

Do what God's Word teaches.

4. RESILIENCE

Recover and continue when difficulties come.

5. VISION

Keep your purpose in view.

6. COMMUNITY

Remain connected to believers who encourage and strengthen you.

7. GRATITUDE

Maintain a thankful heart.

These seven insights are explicitly listed in Part 18 as the concluding framework for maintaining victory.

THE COMPLETE 18-PART JOURNEY

Part	Teaching Title	Central Movement
1	Change Is Not the Same as Growth	Change → Growth
2	Protect What Has Been Sown	Growth → Protection
3	The Call to Fullness	Protection → Preparation
4	Walking in Fullness	Preparation → Fullness
5	Effective Ministry & the Human Touch	Fullness → Ministry
6	The Human Touch in a Digital World	Ministry → Relationship
7	Human Touch vs. Electronic Devices	Relationship → Balance
8	Preparation & Training Produce Results	Balance → Readiness
9	Two Tools & Weapons	Readiness → Spiritual Tools
10	Inner Workings of Speaking in Tongues	Tools → Spiritual Strength
11	Knowledge & Understanding Drive Away Fear	Strength → Understanding
12	Drawing Near in Battle	Understanding → Boldness
13	Reading, Studying & Applying	Boldness → Application
14	F.I.N.A.L. Answers for Long-Lasting Results	Application → Empowerment
15	The Bit & Bridle	Empowerment → Discipline
16	Perspective About the Bit & Bridle	Discipline → Character
17	Tilling Your Life	Character → Cultivation
18	Seven Words to Maintain Victory	Cultivation → Lasting Victory

THE BIG PICTURE

The entire series can be taught as **six major stages**:

STAGE 1 — GROW

Parts 1–2

Change must become growth, and growth must be protected.

STAGE 2 — PREPARE

Parts 3–4

Become available, prepared, trained, and filled with what God has provided.

STAGE 3 — MINISTER

Parts 5–8

Take what God has put in you and become His human touch in your area of influence.

STAGE 4 — BE EQUIPPED

Parts 9–14

Develop spiritual tools, pursue knowledge and understanding, study God's Word, and become prepared to confront spiritual challenges.

STAGE 5 — DEVELOP CHARACTER

Parts 15–17

Move from external reminders toward understanding, self-discipline, Christlike character, and intentional cultivation.

STAGE 6 — MAINTAIN

Part 18

Persevere, believe, act, remain resilient, maintain vision, stay connected, and give thanks.

SERIES FOUNDATION STATEMENT

Lasting Results are not produced by one moment of change. They are produced as believers continue to grow, prepare, become equipped, apply God's Word, develop Christlike character, and faithfully bear sweet fruit that remains.

That progression is strongly reflected from Part 1's distinction between **change and growth** all the way to Part 18's emphasis on **faith in action and maintaining victory**.

Series Subtitle:

LASTING RESULTS: From Change to Maturity, From Preparation to Effective Ministry, From Character to Fruit That Remains

[Click here.](#) Lasting Results (Parts 1 and 2) Session #1